Winnipeg, Manitoba, Canada November 12, 2019

### **Consortium for Infectious Disease Control**

A neutral, third party platform supporting infectious disease projects, providing continuing medical education, coordinating initiatives, and undertaking research

### **Accelerating Cervical Cancer Elimination:** What you can do!



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CIDC

#### Dr. Marc Steben, MD, CCFM, FCFM

Chair of the Canadian Network on HPV Prevention Family Physician, Family Medicine Group La Cité du Parc Lafontaine Board Member, International Papillomavirus Society



Moderator: George Wurtak BSc, Bed, MED Executive Director, Consortium for Infectious Disease Control Director, Canadian Network on HPV Prevention

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and with assistance by BD Diagnostics and Immunize Canada The opinions expressed in this webinar are those of the presenter and do not necessarily reflect the views of CIDC or its partners

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### **Webinar Objectives**



Discuss the WHO goal of the global elimination of cervical cancer by 2030

- Address cervical cancer elimination from a prevention perspective
- Describe current cervical cancer burden, challenges, and the projected increase in cervical cancer if changes are not implemented
- Discuss the recently produced document entitled "Canada's Role in Accelerating Global Elimination of Cervical Cancer"

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**Note:** A recording of the presentation will be made available at <u>www.CIDCgroup.org</u>



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Evaluation Survey: https://www.surveymonkey.com/r/HL52WVY

Completion of survey is requested – all registered participants will receive an email with this link

### Presenter





### Dr. Marc Steben, MD, CCFM, FCFM

- Chair, Canadian HPV Prevention Network
- Family Physician, Family Medicine Group 1851
- Board Member, International Papillomavirus Society
- Montreal, Quebec, Canada

# Accelerating Cervical Cancer Elimination: What you can do!



### Marc Steben, MD

Chair, Canadian Network on HPV Prevention,

Social and Preventive Medicine Dept, School of Public Health, Université de Montréal

Board member, International Papillomavirus Society

### **Disclosure Statement**

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I hold a patent for a product referred to in the CME/CPD program or that is marketing by a commercial organization	No
I hold investments in a pharmaceutical organization, medical devices company or communications firms.	l own a communication company (Communications Action-Santé Inc.)
I am currently participating in or have participated in a clinical trial within	No 7

# Famous quotes to inspire us

"If not us, who? If not now, when?" - JOHN F. KENNEDY



"Ask not what your country can do for you, but what you can do for your country." - JOHN F. KENNEDY



### "BY 2030, CERVICAL CANCER IS EXPECTED TO KILL OVER 474,000 WOMEN PER YEAR—OVER 95% OF THESE DEATHS ARE EXPECTED TO BE IN LOW-AND MIDDLE-INCOME COUNTRIES."

Projections of mortality and burden of disease, 2004-2030. www.who.int/healthinfo/global\_burden\_disease/projections/en/index.html

# Cervical cancer claims younger lives than most cancers

- Cx Ca is second to only breast cancer as the leading cause of cancer in women worldwide.<sup>1</sup>
  - Global prevalence: ~2.3 million
  - Global incidence: ~500,000
- Nearly every minute of every day a woman is diagnosed with cervical cancer

1. Ferlay J, Bray F, Pisani P, Parkin DM. Lyon, France: IARC Press; 2004.



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# The prospects on elimination and the main declaration from WHO

This draft global strategy calls for a comprehensive, population-based approach to put all countries on the path to the elimination of cervical cancer within the century. It covers the period 2020-2030. The strategy proposes an approach that will enable countries to reach 2030 global targets for key interventions that, in turn, will lead to elimination of cervical cancer as a public health problem (hereafter referred to as "elimination"). The proposed targets for 2030 are:

- 90 70
- **90%** of girls fully vaccinated with the human papilloma virus ("HPV") vaccine by 15 years of age; **70%** of women are screened with a high-precision test <sup>1</sup>at 35 and 45 years of age; and **90%** of women identified with cervical disease receive treatment and care.

#### **Cervical cancer elimination strategy**



Download pdf Draft global strategy towards the elimination of cervical cancer as a public health problem

#### Elimination of cervical cancer as a public health problem is a flagship project of WHO.

In May 2018, the Director-General of the World Health Organization announced a global call to action towards the elimination of cervical cancer, underscoring renewed political will to make elimination a reality, and called for all stakeholders to unite behind this common goal.

In January 2019, at its 144th Session, the Executive Board requested the Director-General to develop, in consultation with Member States and other relevant stakeholders, a draft global strategy to accelerate cervical cancer elimination, with clear targets for the period 2020–2030.

The zero draft of the Global Strategy towards the Elimination of Cervical Cancer was developed through a number of meetings with Member States representatives and technical experts; it forms the basis of technical consultations with WHO Regions, Member States, technical experts and other partners in the period May-July 2019. This global dialogue will inform the continuing development of the draft and a final version for consideration by the Seventy-third World Health Assembly, through the Executive Board at its 146th session.

#### **Originally from 90%**

https://www.who.int/cancer/cervical-cancer/cervical-cancer-elimination-strategy

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## Limits of Primary Prevention Measures for

## HPV... before HPV vaccines became available

- Primary prevention
  - = protection <u>before</u> exposure
  - = limit acquisition of infection
    - Abstinence protects...while it lasts
    - Most people will become sexually active
    - Marriage does not protect against HPV
    - Condoms are good, but far from perfect
- Parents underestimate sexual behaviour of their teenager<sup>1</sup>
  - Too late to maximize benefits of HPV vaccine!

## Main recommendations - Canada

### **NACI: National Advisory Committee on Immunization**

- Advisory committee of experts in the fields of pediatrics, infectious disease, immunology, medical microbiology, internal medicine and public health
- Recommendations for vaccine use in Canada

#### NACI Recommendations

Females

Males

General

#### 2v, 4v or 9v HPV vaccine is recommended for females:

- Immunocompetent **aged 9-14** according to either a 2-dose or 3-dose immunization schedule
- Immunocompetent aged ≥15 according to a 3-dose immunization schedule

#### 4v or 9v HPV vaccines is recommend for males:

- Immunocompetent **aged 9-14** according to either a 2-dose or 3-dose immunization schedule
- Immunocompetent aged ≥15 according to a 3-dose immunization schedule

Note the NACI recommendations do not have an upper age limit for vaccination for men or women

- HPV vaccines should be administered using a 3-dose schedule in **immunocompromised** populations according to **existing age** guidelines
- There is **insufficient evidence** at this time to **recommend**, at a population level, **re-immunization with 9v HPV** vaccine in individuals who have completed an immunization series with another HPV vaccine.

# A Review of the Impact and Effectiveness of the Quadrivalent Human Papillomavirus Vaccine

10 Years of Clinical Experience in Canada

Steben M et al. J Obstet Gynaecol Can 2018;40(12):1635–1645

# Study Design

### **Primary Objective**

Assess the real-world impact of 10 years (from 2006 to 2016) of publicly funded qHPV vaccination



### Methods

- $\circ$  Systematic literature review from 2006 to 2016
- "Pre- vs post-public vaccination program" or
   "unvaccinated vs vaccinated" population

### **Outcomes Assessed**

- HPV infection
- HPV-associated AGW
- HPV-associated cervical dysplasia and cervical intraepithelial neoplasia

## **Results & Conclusions**



### Conclusions

- These results highlight the success of the vaccination program in Canada.
- The benefits of nine-valent HPV vaccine in Canada will likely be assessed within the next decade

#### FIGURE 1.3

Percentage of girls in immunizing grade who completed human papillomavirus vaccine series based on provincially/territorially recommended vaccination schedules,<sup>†</sup> by province/territory — most recent vaccination year



JULY 2016

The 2016 Cancer System Performance Report

<sup>1</sup> As of the 2015/16 school year, the full course of vaccination for school-based HPV vaccination programs is three doses in AB, S doses in all other provinces and territories. <sup>1</sup>2015/16: MB, ON, NS, PE, NL, NT; 2016: SK; 2016/17: BC, AB, QC, NB, YT. "—" Data not available. Data source: Provincial and territorial immunization programs.

# Ongoing long term follow-up studies: immunogenicity and effectiveness

### **4vHPV vaccine**: no breakthrough cases

- 10 years for boys and girls age 9-15 yo<sup>1</sup>
- 12 years for women age 16-23 yo<sup>2</sup>
- 10 years for men age 16-26 yo<sup>3</sup>
- 10 years for women 24-45 yo<sup>4</sup>

### **9vHPV vaccine**

• 6 years for boys and girls 9-15 yo<sup>5</sup>

#### RESEARCH

### Quadrivalent human papillomavirus vaccination in girls and the risk of autoimmune disorders: the Ontario Grade 8 HPV Vaccine Cohort Study

Erin Y. Liu MSc, Leah M. Smith PhD, Anne K. Ellis MD MSc, Heather Whitaker PhD, Barbara Law MD, Jeffrey C. Kwong MD MSc, Paddy Farrington PhD, Linda E. Lévesque PhD

Cite as: CMAJ 2018 May 28;190:E648-55. doi: 10.1503/cmaj.170871

**RESULTS**: The study cohort consisted of 290 939 girls aged 12–17 years who were eligible for vaccination between 2007 and 2013. There was no significant risk for developing an autoimmune disorder following HPV4 vaccination (n = 681; rate ratio 1.12, 95% CI 0.85–1.47), and the association was unchanged by a history of immune-mediated disorders and time since vaccination.

Exploratory analyses of individual autoimmune disorders found no significant risks, including for Bell palsy (n = 65; rate ratio 1.73,95% CI 0.77–3.89), optic neuritis (n = 67; rate ratio 1.57, 95% CI 0.74–3.33) and Graves disease (n = 47; rate ratio 1.55,95% CI 0.92–2.63).

#### <u>We did not observe an increased risk of autoimmune disorders following HPV4 vaccination among teenaged girls. These findings</u> <u>should reassure parents and health care providers.</u>

Effect HPV vaccination on clinical indicators of sexual behaviour among adolescent girls: the Ontario grade 8 HPV vaccine cohort



• "Strong evidence that **HPV** vaccination does not have any significant effect on clinical indicators of sexual behaviour among adolescent girls"

### Absence of Herd protection in males in Canada: Data from two studies



Fig. 2. Annual incident AGWs captured by physician office visits in 15–26 year olds, 2004–2013, for females (adjusted for Pap testing rate) and males (crude). Statistical significance reflects average annual changes in incidence relative to 2004.

Male AGW incidence rates increased an average of 4.1%, 2.8%, and 0.9% per year in 15–17, 21–23, and 24–26 year old males respectively



FIGURE 4 AGW Incidence rate by sex and age group, Québec, 2004-2012 (A) women (B) men

Females(20-24yrs) the peak incidence declined from 342.9/100 000 (2006) to 230.2/100 000(2012). No change over time was observed in the peak incidence among males aged 25-29 years

1. Guerra FM et al. Early impact of Ontario's human papillomavirus (HPV) vaccination program on anogenital warts (AGWs): A population-based assessment. Vaccine 34 (2016) 4678–4683 2. Steben M et al. The early impact of human papillomavirus vaccination on anogenital warts in Québec, Canada. J Med Virol. 2018;90:592–598

#### **Physicians**

### **KEYFINDINGS**



#### 25

Men



Leger

### **KEY FINDINGS**

11%

14%

56%

49%

have HPV

vaccinated



# Weak recommendation might be the problem?

- Primary care doctors treat the HPV vaccine differently from other routinely recommended immunizations...
- Hesitating to recommend it fully and on time
- The single biggest barrier to increasing HPV vaccination is not receiving a health care provider's recommendation
- That's more of an issue than parents' decisions to refuse or delay HPV vaccination.

http://www.npr.org/sections/health-shots/2015/10/22/450827102/doctors-not-parents-are-the-biggest-obstacle-to-the-hpv-vaccine



### Des mots et des faits pour améliorer son utilisation!

(Words and facts to improve its use!)

Marc Steben MD, DESS, FCMFC Médecin conseil, Unité ITS Institut national de santé publique du Québec **Marie-Thérèse Lussier** 

MD ,B Sc, M Sc, FCMFC Professeur titulaire DMFMU Université de Montréal Claude Richard Ph D, MA Équipe de recherche en soins de première ligne CISSS Laval

# **HPV Vaccine Counselling**

Keep the message simple:

the HPV vaccine is

- 1. effective
- 2. safe
- 3. recommended

# Impact on cancers already measurable

	HPV vaccin	ated	l women	Non-HPV v	accin	ated women
Malignancy	Person yrs	n	Rate (95%CI)	Person yrs	n	Rate (95% CI)
Cervix cancer	65,656	0	-	124,245	8	6.4 (3.2, 13)
Vulva cancer	65,656	0	-	124,245	1	0.8 (0.1, 5.7)
Oropharyngeal cancer	65,656	0	-	124,245	1	0.8 (0.1, 5.7)
Other HPV cancers*	65,656	0	-	124,245	0	-
All HPV associated	65,656	0	-	124,245	10	8.0 (4.3, 15)
invasive cancers						
Breast cancer	65,656	2	3.0 (0.8,12)	124,245	10	8.0 (4.3, 15)
Thyroid cancer	65,656	1	1.5(0.2,11)	124,245	9	7.2 (3.8, 14)
Melanoma	65,656	3	4.6 (1.5,14)	124,245	13	10.5 (6.1, 18)
Non-melanoma	65,656	2	3.0 (0.8,12)	124,245	3	2.4 (0.8,7.5)
skin cancer	-			-		

\*vaginal carcinoma, anal carcinoma

- Finland populational register
- June 2007-Dec 2015

Luostarinen, T International Journal of Cancer, 2018

#### Table 1. NNV Estimates by case of diseases prevented by the nonavalent vaccine in Canada

Diseases prevented	Nb of cases annually	HPV Prevalence (%)	Proportion Attributed to HPV-9 vaccine types (%)	Nonavalent Vaccine Efficacy (%)	NNV
Women					
Cervical cancer	1,2951	1001	89.3 <sup>4</sup>	96.7 <sup>10</sup>	165
Anal cancer	3381	925	97.3 <sup>8</sup>	74.9 <sup>12</sup>	816
Vulvar Cancer	410 <sup>1</sup>	255	85.0 <sup>7</sup>	96.7 <sup>10</sup>	2194
Vaginal Cancer	801	745	80.07	96.7 <sup>10</sup>	4036
Any HPV cancers	2123				117
CIN 2/3	52,000 <sup>2</sup>	96.3 <sup>4</sup>	85.0 <sup>6</sup>	96.7 <sup>10</sup>	4
Genital warts	22,755 <sup>3</sup>	10014	90.0 <sup>3</sup>	99.0 <sup>11</sup>	9
Any HPV disease	76,878				3
Men					
Anal Cancer	1501	925	97.3 <sup>8</sup>	74.9 <sup>12</sup>	1937
Genital warts	28,040 <sup>3</sup>	10014	90.0 <sup>3</sup>	89.4 <sup>13</sup>	9
Any HPV disease	28,190				9

• Vaccination of a cohort of 12 years old girls and boy

International Papillomavirus Conference Oct 2-6 2018

- Lifetime vaccine protection for the HPV type contained in the vaccine (no cross protection considered)
- Current vaccine recommendations and approved indications in Canada
- Epidemiology of HPV related disease and current screening management remain stable over time

### We are only starting to understand the full value of HPV vaccine

#### PROPHYLACTIC

To prevent new infections and transmission

- Youths and adolescents before sexual debut
- Adult women
  - To 26, 30, 45+...
- Males
  - To 18, 50+...
- Infants (EPI)

From Xavier Bosch, ICO, Barcelona

### Limits of Secondary Prevention Measures for HPV

- Secondary prevention
  - = protection <u>after</u> potential exposure
  - = limit consequences of acquisition
    - No screening test for HPV as for HIV before engaging in condomless sex
    - No epidemiological sexual contact treatment as for gonorrhea or syphilis
    - No post exposure prophylaxis as for HIV
    - No pre exposure antiviral prophylaxis as for HIV
- No test or cure for someone who had a lesion or an infection
  - HPV test is for high risk HPV detection in the prevention of cervical cancer
  - Pap test screens for complications (of persistent high-risk HPV only for the cervix) and not of infections
- Most of those who are infected are asymptomatic



Is there value in immunizing people who have/had infections or lesions?

- Antibodies are
  - Type specific
  - Not present in the long term
  - Not protecting against reinfection or new infection
    - Even with the same HPV genotype
  - Decreasing in frequency
    - Females > heterosexual males > men having sex with men

# Most people trust vaccines in Canada!

#### A matter of trust

A 2016 survey in 67 countries found that trust in vaccines is high overall but varies by country. Safety concerns were highest in Europe and Russia; in France, 41% disagreed with the statement that vaccines are safe.



## Predisposition of the patient to be vaccinated

If a vaccinator meets 4 patients (Quebec example):





# are favorable to is vaccination

### is reluctant or concerned about real or presumed risks

The perception of risk varies from one person to the next

Publications du ministère de la Santé et des Services sociaux, 2013. Available at: www.publications.msss.gouv.qc.ca/msss/document-000105/.





www.inspq.qc.ca

**Secondary prevention technology** 



# We will cause more harm than benefit if we dot not change our screening paradigm!



Sensitivity (%)

Figure 2. Joint effects of changes in sensitivity, specificity, and cervical lesion prevalence on the positive predictive value of cytology as a primary screening test. The two curves in each graph represent different specificity values of 98% (blue line) and 95% (red line). Each graph represents a different prevalence rate as follows: upper left: 40%, upper right: 10%, lower left: 5%, and lower right: 1%. The gray bands represent 95% credibility intervals (see text and legend for Figure 1 for details). Three of the prevalence scenarios are intended to illustrate situations found in Pap cytology screening in different settings as well as the ones anticipated post-vaccination. A 40% prevalence is shown to represent the situation found in triage following an initially positive referral HPV test.

# But to optimize the value of the vaccine program we need new screening guidelines

- Vaccinated women should start screening at age 30, instead of 25 with HPV test.
- Furthermore, there is a strong rationale for applying longer intervals for re-screening HPV negative women than the currently recommended 5 years.
- For non-vaccinated women and for women vaccinated in their fifteenth year or later, the current protocol should be kept



Cervical cancer screening in women vaccinated against human papillomavirus infection: Recommendations from a consensus conference

Paolo Giorgi Rossi<sup>a, b</sup>, Francesca Carozzi<sup>c, \*</sup>, Antonio Federici<sup>d</sup>, Guglielmo Ronco<sup>e</sup>, Marco Zappa<sup>f</sup>, Silvia Franceschi<sup>g</sup>

The Italian Screening in HPV vaccinated girls Consensus Conference group<sup>1</sup>

http://dx.doi.org/10.1016/j.ypmed.2016.11.020

# Accuracy of HPV screening vs. cytology

Screening test	N	Sensitivity (95% Cl)	Specificity (95% Cl)
Detection of CIN2+			
Cytology (ASC-US+)	25	70.0% (62.5–77.6%)	91.9% (90.3–93.6%)
HC2	31	90.4% (88.0–92.8%)	88.5% (87.0–90.0%)
Co-testing*	13	94.2% (90.8–97.6%)	87.7% (85.0–90.3%)
Detection of CIN3+			
Cytology (ASC-US+)	21	74.6% (65.6–83.6%)	91.8% (90.0–93.7%)
HC2	22	95.3% (93.3–97.3%)	89.0% (87.2–90.8%)
Co-testing*	12	96.7% (93.7–99.7%)	82.9% (77.1–88.6%)

#### \*Cytology (ASC-US+) and HC2

Updated meta-analysis data from Arbyn et al.<sup>21,22</sup> In Bosch FX et al. Nature reviews Clinical oncology 2015

# **Comparison of Prevention Interventions**

- Compared to secondary prevention, primary prevention is always:
  - Cheaper
  - More equitable
  - More efficient
  - More accessible

### **Examples:**

Primary prevention	Secondary prevention
Seat belts, alcohol laws and driving laws	Emergency rooms
Condoms	Antiretroviral drugs

#### DISCUSSION

Are there any conditions for which we prefer to limit the «acquisition» rather than prevent the «disease»?

# qHPV Vaccine Efficacy in QExposed to Vaccine-related HPV Type Whose Infection has Cleared

(Seropositive, DNA Negative)

	Quadrivale	ent Vaccine	Plac	ebo		
Endpoint	n	Cases	n	Cases*	Efficacy (%)	95% CI
CIN (any grade)	1,243	0	1,283	7	100	(29, 100)
External genital lesions	1,268	0	1,301	8	100	(40, 100)

### This suggests efficacy against recurrence of disease with same vaccine HPV types (re-activation/re-infection)

MITT-2 analysis (Protocols 007, 013 and 015), HPV specific naive population; received at least one dose, case counting starts 30 days after dose 1.

Does vaccination after LEEP treatment prevent recurrence in patients with CIN 2/3 lesions?

Lack of vaccination after LEEP treatment was a factor independent risk of recurrence of CIN 2/3 lesions; RR = 2,840 (p < 0.01)



LEEP = loop electrosurgical excision procedure; RR = relative risk

Kang WD, et al. Gynecol Oncol 2013;130:264.

# Impact of vaccination on disease relapse after cervical conization



**Clinical disease recurrence (CDR):** 

- NV-group: 11 cases
- V-group: 2 cases
- Vaccination was associated with significant reduced risk of subsequent HPV-related high-grade CIN after cervical surgery by 81,2% (95%CI 34,3-95,7)

This does not imply a therapeutic effect of the vaccines but underlines its role as an adjuvant to surgical treatment

### We are only starting to understand the full value of HPV vaccine

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### **AS PART OF THERAPY**

To interrupt reinfections and transmission

- HPV + women in screening
- Post treatments in CIN lesions
- RRP
- GW
- HPV cancer survivors
- Therapeutic / mixed vaccines

### From Xavier Bosch, ICO, Barcelona

### HPV vaccine efficacy in mid-adult women

Outcome	4vHPV (to age 45)	2vHPV (to age 55)					
	'per-protocol'/'according-to-protocol' (HPV nega	tive)					
6M Persistent infection	VE: 89.6% (95%CI 79.3–95.4)	VE: 82.9% (95%CI 53.8–95.1)					
CIN2+	VE: 83.3% (95%CI -37.6-99.6)	VE: 100% (95%CI –100.7–100.0)					
External genital lesions	VE: 100% (95%Cl 30.8–100.0)	NR					
ʻinter	'intention-to-treat'/'total-vaccinated-cohort' (irrespective of HPV)						
6M Persistent infection	VE: 49.0% (95%Cl 35.5–59.9)	VE: 47.0% (95% CI 25.4-62.7) <sup>‡</sup>					
CIN2+	VE: 22.4% (95% CI -42.5-58.3)	VE: 29.1% (95% CI −22.5–59.6) <sup>‡</sup>					
External genital lesions	VE: 8.5% (95% CI –126.6–63.4)	NR					
Base	Baseline seropositive but HPV-DNA-negative (previous infection)						
6M persistent infection (≥ 1 dose)	VE: 66.8% (95% CI 3.8-90.5)	NR					
6M Persistent infection or + (3 doses)	NR	VE: 86.4% (30.1–99.0)					

Bold blue: statistically significant under trial conditions

### Current HPV vaccination and cervical cancer screening strategy in developed countries and proposed FASTER initiative



### We are only starting to understand the full value of HPV vaccine

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  - *To 26, 30,* 45+...
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#### AS PART OF THERAPY

To interrupt reinfections and transmission

- HPV + women in screening
- Post treatments in CIN lesions
- RRP
- GW
- HPV cancer survivors
- Therapeutic / mixed vaccines

### **HIGH RISK GROUPS**

To prevent infections, reinfections and transmission

- HIV cohorts
- MSM
- Transplants & immunosuppressed
- Autoimmune patients
- STI clinics
- Partners of HPV+
- Migrants / Marginal
- Abused children

### CIDC & Canadian Network on HPV Prevention

June 25, 2019

Wanking Manitoka Canada

October 11, 2019

Consortium for Infectious Disease Control Winnipeg, Manitoba, Canada A neutral, third party platform supporting infermate disease projects. providing continuing medical education, consideration inflations, and undertaking respect

### HPV Testing in the Canadian Context Pros, Cons and Implementation Challenges





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Medical Director, Public Health Laboratory Medical Head, Hepatitis Services BC Centre for Disease Control Professor, Pathology & Lab Medicine, University of British Columbia



Moderator: Dr. Marc Steben, MD Chair of the Canadian Network on HPV Prevention Family Physician, Family Medicine Group 1851



Organizer: George Wurtak BSc, MED Executive Director, Consortium for Infectious Diverse Control Director, Canadian Network on HPV Prevention Co-Chair, International Indigenous HPV Alliance

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**Consortium for Infectious Disease Control** A neutral, third party platform supporting infectious disease projects, providing continuing medical education, coordinating initiatives, and undertaking research

#### **HPV-based Cervical Screening:** Why is NOW the time?



Catherine Popadiuk MD, FRCS(C), MBA

Associate Professor, Gynecologic Oncology, Memorial University Medical Director for the Newfoundland and Labrador Cervical Screening Initiatives Programmer Clinical Load for the CPAC HPV-Cervix OncoSim model



Moderator: Dr. Marc Steben, MD Chair of the Canadian Network on HPV Prevention Family Physician, Family Medicine Group 1851 Board Member, International Papillomavirus Societa

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**RESOURCE:** Informational Booklet

#### **Counselling Patients** About HPV Test Results

#### **Transmission, Screening / Testing & Vaccination**

CIDC staff recruited HPV (human papillomavirus) knowledge experts from across Canada to develop a useful and practical guide for primary care professionals when discussing HPV test results with patients. This document includes sections on: general information about HPV and cervical cancer screening; HPV testing and screening; sexual transmission of HPV; HPV vaccination; interpreting results to the patient; and complex psychosocial issues. Financial support for the development of this important resource was provided by Merck Canada Inc., and Roche Diagnostics - Division of Hoffman-LaRoche Ltd.

Click below to download the 48 page booklet:

#### Counselling Patients on HPV Test Results

### https://www.cidcgroup.org/cidc-resources

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# Webinar Learning Objectives:

- Discuss the WHO goal of the global elimination of cervical cancer by 2030
- Address cervical cancer elimination from a prevention perspective
- Describe current cervical cancer burden, challenges, and the projected increase in cervical cancer if changes are not implemented
- Discuss the recently produced document entitled "Canada's Role in Accelerating Global Elimination of Cervical Cancer"

# Cervical Cancer Incidence and Mortality

In 2016, there were in Canada

- 1500 new diagnosed cases and
- 400 deaths

Meaning that one Canadian woman dies of cervical cancer every day

## Canadian trends in cervical cancer

FIGURE 7.3 Trends in age-standardized incidence rates (ASIR) and annual percent change (APC)\* for HPV-associated cancers\*, Canada, 1992-2012<sup>§</sup>



\* Significant increase or decrease in APC, p<0.05

\* APCs refer to 1992-2012 calendar years, unless there was a changepoint, in which case the applicable years are indicated.

\* Includes selected topographies and morphologies. Refer to Table A12 for definitions.

Actual incidence data were available to 2012 for all provinces and territories except Quebec, for which data were available to 2010 and carried forward thereafter.

Note: Rates are age-standardized to the 2011 Canadian population.

Analysis by: Health Statistics Division, Statistics Canada Data source: Canadian Cancer Registry database at Statistics Canada

#### **Canadian Cancer Statistics 2016**

### Potential trends for cancers in general

FIGURE 4.4 Trends in new cases and deaths (in thousands) for all cancers and ages, attributed to changes in cancer risk and cancer control practices, population growth and aging population, Canada, 1984–2019



#### ----

Number of cancer cases or deaths that would have occurred if the cancer risk, population size and age structure remained the same as they were in 1984.

Number of new cancer cases or cancer deaths that would have occurred if the population size and age distribution remained the same as they were in 1984.

Number of new cancer cases or cancer deaths that would have occurred if the age distribution remained the same as it was in 1984.

Actual number of new cases and deaths that occurred. Reflects impact of changes in cancer risk and cancer control practices, population growth and aging population.

**Note:** New cases exclude non-melanoma skin cancer (neoplasms, NOS; epithelial neoplasms, NOS; and basal and squamous). Actual incidence and mortality data were available to 2015 for all provinces and territories except for Quebec. For further details, see *Appendix II: Data sources and methods*. The range of scales differs between the graphs.

Analyses by: Centre for Surveillance and Applied Research, Public Health Agency of Canada

Data sources: Canadian Cancer Registry, National Cancer Incidence Reporting System and Canadian Vital Statistics Death Database at Statistics Canada

#### **Canadian Cancer Statistics 2019**

## **Prediction of elimination**

#### FIGURE 4.5 Summary of key cancer control and outcome characteristics by cancer type

	Preventability	Detectability	Incidence	Survival	Mortality
Lung and bronchus					
Breast					
Colorectal					
Prostate					
Bladder					
Non-Hodgkin lymphoma					
Thyroid					
Melanoma					
Kidney and renal pelvis					
Uterus (body, NOS)					
Leukemia					
Pancreas					
Oral					
Stomach					
Multiple myeloma					
Brain/CNS					
Ovary					
Liver					
Esophagus					
Cervix		<u></u>			
Larynx					
Testis					
Hodgkin lymphoma					

CNS=central nervous system; NOS=not otherwise specified

**Preventability** — Relative ratings are assigned to each cancer site based primarily on the population attributable risk reported by Canadian Population Attributable Risk of Cancer (ComPARe) study. <u>Green</u> represents cancers for which it is estimated that at least 50% of cancers are preventable or for which screening programs can detect treatable precancerous lesions, yellow where 25%–49% are preventable and red where less than 25% are preventable. Where information was not available through ComPARe, Cancer Research UK was used.

**Detectability** — Relative ratings were assigned as green if organized screening programs are available in Canada, yellow if opportunistic early detection is available and red if no organized screening and limited early detection procedures are available.

**Incidence** — Relative ratings were assigned as <u>green</u> if there were less than 5,000 cases, <u>yellow</u> if there were less than 15,000 cases and <u>red</u> if there at least 15,000 cases in 2019 (<u>Table 1.2</u>).

**Survival** — Relative ratings are assigned based on predicted five-year net survival probabilities listed in <u>Table 3.1</u>. <u>Red</u> represents a survival of less than 50%, <u>yellow</u> represents 50%–79% and <u>green</u> represents 80% or more.

**Mortality** — Relative ratings were assigned as green if there were less than 1,000 deaths, <u>yellow</u> if there were 1,000–4,000 deaths and <u>red</u> if there were more than 4,000 deaths in 2019 (<u>Table 2.2</u>).

#### **Canadian Cancer Statistics 2019**

# Webinar Learning Objectives:

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# The prospects on elimination and the main declaration from Canada

#### DOMESTIC OBJECTIVES

- Canada has its own pockets of inequity with regard to cervical cancer prevention.
- There are groups not reached by HPV immunization or cervical screening.
- In order to reach the objective of eliminating cervical cancer, we will need to develop innovative approaches with community leaders to bring the reality of cervical cancer elimination to those communities that experience higher rates of cervical cancer.
- Canada needs a comprehensive implementation plan to reach these communities.
- Canada also needs an infrastructure plan to make HPV testing available and accessible in all parts of the country.
- A committee should plan the deployment of a Canadian-specific infrastructure for HPV testing to accelerate the transition from cytology to HPV molecular testing.
- The Canadian Partnership Against Cancer could take the leadership in mediating this transition.

Canadian Network on HPV Prevention. (2019) Full document is available at the CIDC website: https://www.cidcgroup.org/s/cervical-cancer-elim-report\_final.pdf



# Conclusions and call to action

 Is administering the HPV vaccine the best preventive activity of your professional career?



# Cervical cancer prevention: Are we delivering to those that need it the most?

- Are we sufficiently concerned about the situation for the most at-risk populations?
  - Vulnerable women: Indigenous, street-involved, injecting drug users, refugees and immigrants, immunocompromised and HIV+
  - Vulnerable men: MSM HIV- as well as HIV+ and other immunocompromised men...
- Is there a need for a federal plan?

# Laziness!

- We had sufficient successes to rest on our laurels!
- But
  - There are gaps in our successes
  - There are unreached populations
  - There are threats around the programs

# HPV Prevention - key messages!

- HPV vaccine is effective for reducing morbidity from cervical cancer but is insufficient to eliminate cervical cancer screening.
- Cervical cancer screening reduces morbidity and mortality only from cervical cancer.
- The HPV vaccine is safe, efficient and recommended

### From planning to reality now!





### Canada is on a good path to cervical cancer elimination but we need all of you to be part of the action plan!

### **Question & Answer Period**

Submit your text question using

the Questions pane

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### Accelerating Cervical Cancer Elimination: What you can do!



• Evaluation: <u>https://www.surveymonkey.com/r/HL52WVY</u>

Slide Set, Video recording, HPV documents at: <u>www.CIDCgroup.org</u>

Join the Canadian HPV Prevention Network at: <u>www.CIDCgroup.org</u>

(it's free! Fill out the 'Contact' form)

Please watch for an announcement about our January webinar

Thank you for participating!

More Info: George Wurtak, Executive Director, CIDC <u>GWurtak@CIDCgroup.org</u>

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www.CIDCgroup.org

The opinions expressed in this webinar are those of the presenter and do not necessarily reflect the views of CIDC or its partners